

Editorial Comment

Family medicine, a much needed partnership towards global health and mindfulness

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Collaborative partnership between care providers in family medicine and mental health care is fundamental for achieving the mental health of communities. Only such partnership can support clients with mental health condition and their families to access essential services in a timely manner.

In the past decade some countries have moved their healthcare system from a shared care of family medicine and mental health domains to collaborative models of care.

Family Physicians have the key role of being the first and sometimes the only point of contact in a very early stage of mental health deterioration. This positions family physicians as the main point of care in the healthcare system to provide continuum of care from prevention to screening, monitoring, diagnose and treatment of mental health for clients through collaboration with mental healthcare providers.

Such partnership would be client based, affordable and sustainable, which can achieve early detection, early treatment and continuous support for mental health conditions in any existing context of comorbidities and risk factors in the full context of family, culture and social determinants of health.

To achieve such high standard of care, one cannot underestimate the role of evidence-based medicine and its contributions to support the care providers in family medicine

through this fundamental mission. From published stories of lived experiences of mental health conditions to published research and experiences of family medicine scientist doctors, the journal of *Mental Health in Family Medicine*, takes pride in its dedication and commitment to serve all clients with mental health conditions and their primary care providers in their journey of healing and mindfulness.

Stigma removal, raising global awareness of mental health conditions and presenting the emerging innovative methods of treatment and support for mental health conditions are amongst the cherished goals of all who are collaborating with this journal.

We humbly invite you all to accompany us in our advocacy for equity and equality of human kind and to voice the care and commitment to contribute to the mental health of global human society. Together with your support, we can contribute to the healthy minds in this fast era in which mental health conditions are amongst the topmost in need of care and the least supported domain of health. Raising the standards of care through a joint mental health and family medicine partnership in research is a solid starting point, this will not be realized without your help and support as our cherished readers and contributors. We count on your companionship in this journey.

Always at your service: Nooshin Nikoo, Editor *MHFM Journal*. Summer 2015

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